

CAMPER CLUES

Everything you need to know to be ready for your adventure!



CAMP DATES

Elementary Family Camp:

Sunday, June 21-Friday, June 26

Tween Camp:

Sunday, June 21-Friday, June 26

Middler Camp:

Sunday, July 5-Friday, July 10

Senior High Camp:

Sunday, July 19-Friday, July 24

IN THE WILDERNESS

Welcome to Flathead Lake United Methodist Camp! We are so glad you and your camper have chosen to spend part of the summer with us. This year our theme is "In the Wilderness."

Wilderness is a time or place where we encounter what is new, strange, scary, lonely, unknown or mysterious. The wilderness is a wild & beautiful time and place where we can discover the sacred within each person and all creation. The wilderness can inspire us & guide us, assuring us of God's constant presence. As the Spirit guides us through the wilderness, we find what we need to face our fears and the very real challenges that impact our world.



ARRIVALS



Arrival for each camp is **Sunday afternoon between 2 & 4 p.m.** We ask that you not arrive earlier than that because our staff is working hard to be ready for your arrival! During check-in at the main dining hall. You will visit with our camp nurse to turn in any **medications** & discuss any concerns. You will also **choose your cabin** and make your **name tag**. At FLUMC we have cabins for campers who identify as girls, who identify as boys, or for those who prefer a gender neutral space. You will also have the chance to add money to your **camp store account**.



MEDICATIONS

*We take the administration of medications very seriously. **All medications, prescription or over the counter must come in their original containers.** We can not vary from the doctor's orders on the prescription bottle, so if that is not the current dosage for your child please ensure that is corrected before arrival at camp.*

***ALL** medications of any kind must be turned into our camp nurse at check in. Exceptions made for inhalers and epipens which can be carried by the camper or their counselor.*

CAMP STORE

Our camp store stocks drinks, ice cream, snacks, and candy, as well as tee shirts, hoodies, hats, and small items such as stickers and postcards. Campers are limited to 2 treats per day.

If you would like to surprise your camper with an item from the camp store visit <https://flatheadcamp.square.site>. Choose "pick up" for shipping and include your campers' name in the notes.



EMERGENCY COMMUNICATION

If you need to reach us or your camper in the case of an **emergency** please call **(406)885-4536**. This is the cell phone of camp director Brandon Scheer and is answered 24-7 when campers are on site.

For non-emergency contact you can email Olivia@flatheadcamp.org or call the camp office at (406)844-3483.



COMMUNICATING WITH YOUR CAMPER

The easiest way to communicate with your camper during the week is to send emails with their name in the subject to campers@flatheadcamp.org

We print emails before lunch and dinner each day to be handed out. Campers will not have the opportunity to respond to emails.

You can also mail “snail mail” to campers, we recommend sending them before the week of camp starts or leaving them with us at registration to hand out throughout the week. Please **DO NOT** send food or candy items.

If you would like your camper to send you a letter sending pre-addressed and stamped envelopes will be helpful, but remember they may be having too much fun to get to it!

CELL PHONES

At FLUMC we do not allow campers to have cell phones or other electronics with them at camp. Camp is the ideal time to unplug from the outside world and be intentional about being present in this space and with these people. We strongly recommend that phones return home with parents or be left at home. If a phone or other electronic does make its way to camp it will be turned off and placed in the office safe until pickup on Friday.



LOST AND FOUND

There will be a lost and found table in front of the camp store during check-out. Please double check for your camper's belongings!



DIRECTIONS TO FLUMC

Our address is 21339 Methodist Camp Road, in Rollins, Montana.

*From either the north or the south you will take Highway 93 around Flathead Lake until you reach milepost **89**. Watch for our blue "United Methodist Camp" signs on the highway!*

After leaving the highway you will follow Rollins Lakeshore Drive until you see our sign on the left (picture to the left!) Turn into the drive there and follow into camp. We will have volunteers guiding you to parking and check in!

BEHAVIOR EXPECTATIONS

We expect all campers, volunteers and staff to abide by three rules: Respect Others, Respect Yourself, Respect the Environment. We also ask that all campers and volunteers sign a camp covenant to clarify behaviors that do and do not belong at camp. We know that no one is perfect and we are all trying to be our best. However some behaviors will not be tolerated: bullying (emotional or physical) and intentional endangerment are both grounds for dismissal.



SUPPORTING CAMP

It takes many people and many gifts to keep camp running! If you would like to help you can email brandon@flatheadcamp.org for more information. You can also make a financial gift at <https://flumc.campbraingiving.com>



MISSING HOME PLAN

It can be hard to tell who might miss home and who might not. Younger campers are usually easier to engage in activities and help to “forget” their homesickness. Older campers are often less likely to miss home but their emotions tend to be more serious.

Our general approach to helping campers navigate homesickness is to keep them engaged and having fun, listen to their concerns, and treat them with love and respect.

Generally we try not to have campers call home if they are feeling homesick, it generally will make their feelings worse. We will contact you if we have concerns, and see if you have advice.

Younger campers, in particular may do better if they really know what to expect. Check out our social media, go over the camp schedule, talk to someone who has already been there, or arrange a pre-camp visit.

MEALS & SPECIAL DIETS

FLUMC strives to meet as many special dietary and allergy requirements as we are able. We offer gluten free, dairy free, vegetarian, and vegan menus for those that select that need on their registration form. Please make sure we know ahead of time so we can be prepared.

We also can meet most allergy needs. If your camper has extreme dietary needs please contact us ahead of time and we can work together to determine if we need help supplementing their diet with foods from home. If your camper has Celiac Disease we ask that you contact us, we do not have separate food preparation spaces, so we prefer to let you know what steps we take to mitigate exposure beforehand.



PRE-CAMP VISIT

If you would like to arrange a pre-camp visit to see the site, talk about concerns with our staff, or more please contact Brandon at brandon@flatheadcamp.org or (406)844-3483 to set up a time to stop by!

WHAT TO BRING



- *Active clothing (we'll be outdoors most of the time so bring clothes that are comfortable and can get dirty, wet or stained).*
- *A SWIMSUIT is a must.*
- *Warm clothing: even at the campfire, it's cool at night so a jacket and/or sweater, rain gear, extra shoes (in case they get wet) and flip-flops for the shower.*
- *Please bring your sleeping bag/sheets and blankets, pillow, two towels, wash cloth, soap, shampoo, toothbrush & paste.*
- *It is also important to bring a flashlight, hat, sunscreen, a trusty water bottle*
- *Your music and/or talent items!*
- *If you have a Bible you would like to bring, please do so, but we do have some at camp!*
- *Money for the Camp Store. Campers can purchase up to three treats per day & purchase any of the awesome camp swag like t-shirts & hats! Money can be deposited at check in & withdrawn each day or at the end of camp on Friday!*
- *Any prescription or OTC medications IN ORIGINAL PACKAGING.*

WHAT NOT TO BRING

- *Bullhorns, police sirens or other LOUD things,*
- *please NO CELL PHONES*
- *The directors, deans, and counselors are NOT responsible for any valuable items that could possibly be misplaced while at camp, so do not bring anything valuable that might have the potential of getting lost or damaged like air pods, game consoles or tablets.*



PICK UP

*Join us for a closing chapel at **11:30 a.m. on Friday, June 27th**. Please arrive to pick up your child no later than 12:00 noon. Upon arrival please sign your camper out, collect medication, and pick up camp store money at the Camp Store.*

A DAY IN THE LIFE...

8:00AM WAKE UP

8:35AM BREAKFAST Dining Hall

9:15AM MORNING WATCH Inspiration Point

9:45AM GAMES IN FRONT OF CHAPEL

10:00AM MORNING SESSION Chapel

10:20AM FAMILY GROUPS

11:10AM FREE TIME

12:15PM LUNCH Dining Hall

12:45PM QUIET TIME Cabins

1:30PM MEET FOR CHOICE TIME ACTIVITIES

Choice time activities and locations:

- Crafts: craft cabin
- Canoeing/paddling: dock
- Field games: small playing field
- Archery: large playing field

3:00PM DRESS FOR SWIMMING/STORE OPENS

Cabins/Rec Area

3:15PM DOCK TIME/FREE TIME Dock/Rec Area

4:45PM SHOWER/GET DRESSED

5:00PM FREE TIME Rec Area

5:35PM DINNER Dining Hall

6:30PM EVENING SESSION Chapel

6:50PM FAMILY GROUPS (other evening activities include Talent Night, Dance & S'mores, and Storytime)

8:00PM CAMPFIRE

8:45PM CABIN TIME (Includes evening snack)

9:45PM BATHROOM/BEDTIME

10:00PM LIGHTS OUT